



Aquatica Synchro Club

Code of Conduct for Parents/Guardians

This Code of Conduct outlines the responsibilities of parents and guardians of athletes with Aquatica Synchro Club. It is your responsibility to be familiar with and abide by the policies, procedures, codes, and bylaws of Aquatica Synchro and Manitoba Artistic Swimming (MAS).

General Responsibilities

1. One parent/guardian per family must complete the Respect in Sport for Parents program offered by Sport Manitoba (https://smbparent.respectgroupinc.com/koala_final/) and submit the Certificate Number in the RAMP Registration System by **October 1, 2025**.
2. Familiarize yourself with the policies and procedures in the Aquatica Synchro Club Handbook (<http://www.aquaticasynchro.com>) and act accordingly.
3. Familiarize yourself with and follow the MAS bylaws and policies (<http://www.manitobaartisticswimming.ca>).

Behaviour Expectations

Parents and guardians are expected to:

- Be positive role models for your athlete by maintaining the highest standards of conduct when interacting with athletes, coaches, other parents, officials, and volunteers.
- Treat all coaches, club staff, and volunteers with respect, courtesy, and professionalism at all times. Refrain from any form of verbal abuse, harassment, or undermining behaviour towards coaches or staff.
- Encourage your child to participate in artistic swimming for fun, personal growth, and enjoyment.
- Encourage athletes to respect and follow MAS and Canadian Artistic Swimming (CAS) rules, and to resolve conflicts calmly and respectfully without hostility or violence.
- Never ridicule or criticize an athlete for poor performance or practice; instead, support and encourage their effort and development.
- Respect the decisions and judgments of officials and encourage your athlete to do the same.

- Refrain from using inappropriate language or behaviour and avoid interfering with events or harassing competitors, coaches, officials, meet managers, volunteers, other parents, or spectators.
- Understand the power of your example—set a positive and respectful example at all times.
- Respect the rights and dignity of every athlete, regardless of gender, ability, cultural background, or religion.

Communication with Coaches

To support a productive and focused training environment, parents and guardians are asked to:

- Communicate with coaches thoughtfully and respectfully, recognizing that coaches have limited time during practice and busy schedules.
- Use designated communication channels and appropriate times (e.g., scheduled meetings, emails during non-practice hours, or team apps) to raise questions or concerns.
- Avoid excessive or repeated messages outside agreed-upon times unless it is an urgent matter.
- Trust the coaching staff to make decisions and provide necessary updates in a timely manner.
- For ongoing concerns, request formal meetings rather than frequent informal contact.

This approach helps coaches focus on training and supporting all athletes effectively. We appreciate your cooperation.

Violations

- Violations of this Code of Conduct will be addressed according to Aquatica's Conflict Resolution policy.
- Issues involving parties outside of Aquatica, or internal matters that cannot be resolved, may be referred to MAS and handled under the MAS Discipline Policy.
- Violations of other Aquatica or MAS policies will be handled as outlined in those specific policies.

Agreement

By participating in Aquatica Synchro Club programming, I acknowledge that:

- I have read, understood, and agree to abide by this Code of Conduct.
- I will complete the Respect in Sport for Parents program through Sport Manitoba and submit the certificate number by **October 1, 2025**.