



Competitive Masters

Competitive Program runs from September 9/2017 to May 26/2017

Day	Time	Location	Routine
Saturday	8:30 to 9:30 a.m.	Pan Am	Tech
Wednesday	8:00 to 9:00 p.m.	Pan Am	Free
Total time commitment – 2 hours per week water plus 1 hour per week land on own time with program provided.			
Athletes can register for 1 routine or both.			

Training Fee for 1 routine	\$ 425
Training Fee for both routines	\$ 600
Volunteer Points:	40
Travel Costs:	~ \$ 875
Wardrobe Costs:	~ \$ 350